

Photo Log I-Liv Alps Workshop I

Spatial Planning and Quality of Life

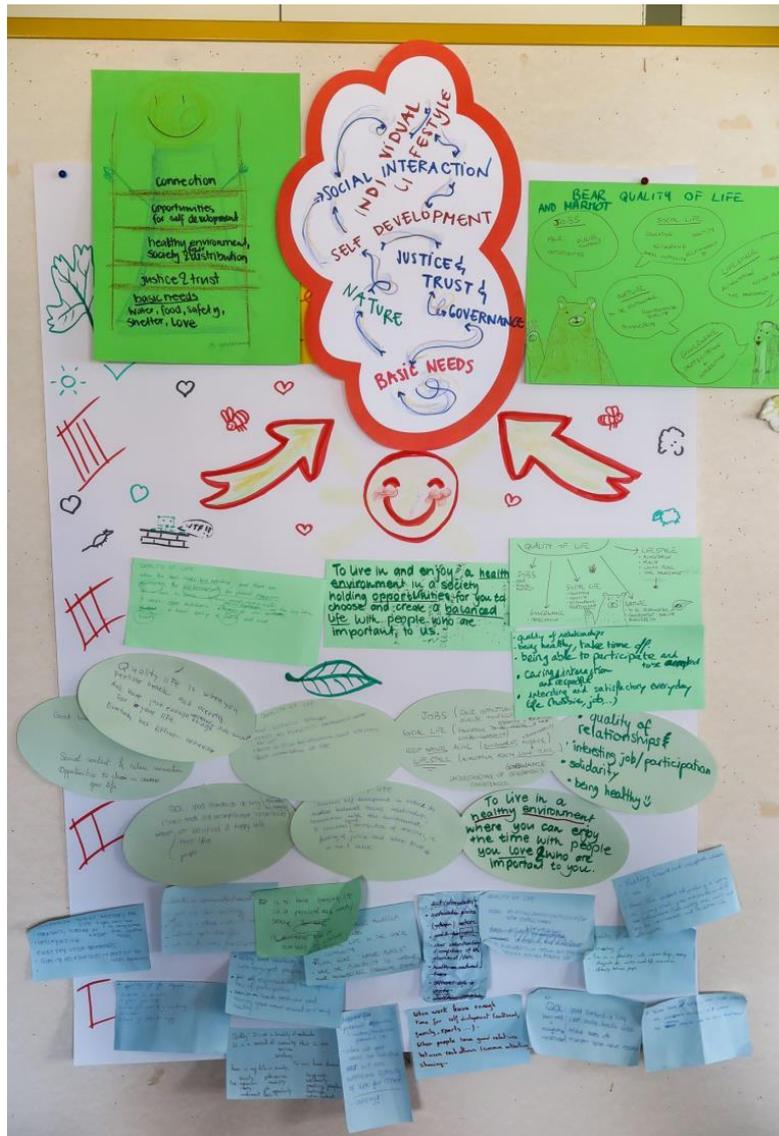
6th of February



Impression of the second workshop Day of I-LivAlps

The second day of the I-LivAlps Workshop was held with young people only. The agenda included the development of a common definition of “Quality of Life” as well as an Open Space, where participants could propose topics that matter to them. We also took the time to experience and learn different energizers and to wrap up with next steps.

After warm-up, we started the day with defining a shared definition/understanding of what “quality of life” means to us. The Snowball Method works as follows: first participants developed a shared definition of Quality of Life in duos within a predefined (short) timeframe. Then two duos shared their definitions and agreed on a common one. They could merge the definitions, choose one of the two or develop a new one. In the last step, groups of eight people came up with their definitions. In the last round, the whole group developed a common understanding. See the results below. The cloud-shaped paper in the upper-centre shows the common values that have been defined.



The different stages of coming to a shared definition of Quality of Life

We continued with an Open Space. As the name suggest, this method creates a free space to be filled by the participants. You can set an overarching question or topic to provide a clearer context beforehand or you can leave it completely free. We used this guiding question “spatial planning: what are the opportunities for you(th)?”.

You set a frame, with clear time slots and a number of “spots”. The participants can fill these spots with their suggestions. Whenever you suggest a topic, you turn into the table host of that topic. After collecting all the topics, the participants can agree on the schedule. When needed, topics can still be combined, or placed to different slots. Then the game starts. Everybody can freely choose where they want to go. The host announces when one round ends and the next round starts. The Open Space is guided by one law: the law of the two feet. The inventers explain it: “If at any time during our time together you find yourself in any situation where you are neither learning nor contributing, use your two feet, go someplace else.” Resulting from that, there are two roles, in certain settings can be socially unacceptable but in this setting perfectly fine. The so called “Bee”, flies around and visits different groups. The value of this person is cross-pollination. The “Butterfly” is a person that

does not really commit to any groups, and just spends his or her time “hanging around”. This role is also valuable, as perhaps the greatest idea is “born at the bar”. → [Here](#) you can find out more about Open Space. Further information also → [here](#).



Impression of the start of Open Space, with the empty schedule in the background

In two rounds with each two sessions, four different topics were discussed. The topics were:

- 1) CYC Internal meeting + introduction to new/interested people
- 2) Involving youngsters in sustainability topics (around 15 years old)
- 3) A shared Identity in the Alps
- 4) A scholarship for social innovators

The results were presented in the plenary. See the impressions below.



Christina and Luzia presented their thoughts to the CYC future role, projects and events



Marnie presents the new ideas on how to involve youngsters

